

PRESENTED BY OUTDOOR UNION

ULTIMATE CAMPING CHECKLIST

With hundreds of items you
don't want to forget at home!

The Ultimate Camping Checklist

View the entire checklist with more detailed info at outdoorunion.org/camping-checklist

Camp Set-Up

Shelter

- Tent
 1. sunshade
 2. tarp camp shelter
 3. windscreen
 4. footprint
- Shelter Additions
 1. vestibule tent addition
 2. screen house
- Shelter Accessories
 1. tent rainfly
 2. stakes
 3. guy-lines, guy-line markers
 4. extra tent stakes
- Shelter Light
 1. LED lanterns
 2. headlamps
 3. flashlights

Sleep

- Sleep Essentials
 1. sleeping pad
 2. inflatable/air mattress with pump
 3. cots
 4. sleeping bag
- Sleep Accessories
 1. sleeping bag liner
 2. extra blanket
 3. hammock and bug net
 4. pillows



Itinerary, Permits, and Personal

- Camping Paperwork
 1. park/trail maps and guides
 2. campsite reservations, confirmation number
 3. fishing permit, if applicable
- Money
 1. cash
 2. credit cards
 3. checks
 4. ATM card
- Identification
 1. driver's license
 2. state-issued identification
 3. emergency medical information

General Clothing

- Footwear
 1. hiking boots
 2. terrain-appropriate shoes
 3. in-camp sandals/slippers/booties
- Liner Clothing
 1. moisture-wicking tops
 2. tank tops
 3. sleepwear
 4. long-sleeve shirts
- Underwear
 1. boxers/briefs
 2. panties
 3. bras
 4. thick socks
- Quick-Drying Bottoms
 1. pants
 2. shorts
 3. convertible pants
- Sweatshirts
 1. fleece



2. lightweight cotton
 3. hoodie
- Jackets
 1. lightweight
 2. waterproof
 3. hooded

Sports/Outdoor Activities

- Fishing Gear
 1. rod & reel
 2. line
 3. tackle
- Bicycles
 1. helmets
 2. locks
 3. tire repair kit
 4. portable tire pump
- Kayak/Canoe and Gear
 1. life jackets
 2. paddles
 3. repair kit

Food & Water

- Water
 - Make sure you have enough water for your trip. There are good recommendations on how much water to bring here <http://appalachiantrail.org/home/explore-the-trail/hiking-basics/food-water-and-gear>
- Food
 - Pack enough food (and a little extra) for your trip. We suggest you check out our full camping food checklist for a detailed list of items. You can view it here.
- Drinks
 - Though water is most important you may want to bring a few more drinks. In our food camping checklist we have a list of drinks you may want to bring (can you say coffee).
- Snacks



- If you're going on a hike you are going to want to bring snacks. Or a few marshmallows for around the fire. We have a full list of snacks that are great for camping in our food checklist [View Checklist].
- Kitchen Supplies
 - If you want to cook food you need to bring some kitchen supplies. We have a detailed list in our food checklist. It covers all the basics and extra items that you may need.

First Aid

- Medications
 1. pain medication
 2. allergy medication
 3. prescription medication
- Emergency Kit
 1. antiseptic wipes, BZK or alcohol-based
 2. antibacterial ointment/cream
 3. bandages
 4. medical tape
- Allergy Care
 1. anti-itch cream/lotion
 2. antihistamines for allergies
 3. Epi pen
- Common Ailment Treatments
 1. Aloe Vera gel or other sunburn spray/lotion
 2. diarrhea medication
 3. antacids
- First Aid Tools
 1. fine-point tweezers
 2. safety pins
 3. latex gloves
 4. scissors

Optional Seasonal Clothing

- Hot
 1. quick-dry swimsuit
 2. swim shorts
 3. water shoes



4. flip-flops
- Rainy
 1. waterproof jacket
 2. poncho with hood
 3. galoshes
 4. wellies
 - Cold
 1. insulated jacket
 2. fleece or wool gloves/mittens
 3. knit/fleece hat
 4. long underwear

Packs and Outdoor Gear

- Travel Luggage and Bags
 1. laundry bag
 2. daypack
 3. fanny pack
 4. backpack
- Sun Accessories
 1. sunglasses
 2. bandana
 3. hat

Personal Hygiene and Health

- Dental Hygiene
 1. toothbrush
 2. toothpaste
 3. dental floss
 4. mouthwash
- Skincare and Cosmetics
 1. face cleaner/wipes
 2. shaving cream/gel
 3. razor
 4. cosmetics
- Toiletry Kit
 1. shampoo/conditioner
 2. biodegradable soap/body wash



3. body lotion
 4. deodorant
- Personal Hygiene Tools
 1. small mirror
 2. comb/brush
 3. towels
 4. ear plugs
 - Balms, Lotions, and Repellents
 1. hand sanitizer
 2. lip balm with SPF
 3. sunscreen
 4. insect repellent
 - Consumables
 1. toilet paper
 2. tissue
 3. biodegradable wet wipes
 4. menstrual/feminine hygiene products
 - Vision Care
 1. spare eyeglasses
 2. contact lens supplies
 3. solution
 4. case

Sanitation

- Portable Toilet
 1. biodegradable, sealable toilet liners
 2. toilet tablets
 3. female urinary products

Shower

- Getting Clean
 1. portable camp shower bag
 2. shower screen/shelter
 3. shower caddy
 4. shower mat

Emergency Gear

- Lost and Found



1. satellite messenger
 2. personal locator beacon
 3. whistle
 4. rescue signal flash mirror
- Stranded in the Elements
 1. all-weather/emergency blanket
 2. windproof lighter/matches
 3. hand/feet warmers
 4. glow sticks
 - Multi-Purpose Emergency Items
 1. medical shears
 2. paracord
 3. radio
 4. maps

Electronics

- Camera/Video Gear
 1. batteries
 2. selfie stick/tripod
 3. SD card
- Location and Communication
 1. GPS device
 2. 2-way radios/walkie-talkies
 3. cell phone
 4. emergency radio
- Personal Electronics Power Sources
 1. USB/car chargers
 2. portable USB battery packs
 3. extra batteries
 4. solar power converter

Camp Furniture

- Furniture Essentials
 - camp chairs/stools
 - foldable/portable camp table
 - ground sheet
 - tablecloth



- Optional Camp Furniture Accessories
 1. cup holders/trays
 2. umbrella/canopy
 3. ottomans
 4. camp rug/mat

Leisure

- Reading Material
 1. books
 2. magazines
 3. e-reader
- Music
 1. mp3 player
 2. portable Bluetooth speaker
 3. headphones
 4. acoustic musical instrument
- Games
 1. playing cards
 2. Frisbee
 3. balls
 4. travel-sized board games
- Age-Appropriate Toys
 1. building blocks
 2. plastic shovel and pail
 3. teething rings
- Nature Activities
 1. local flora and fauna guides
 2. star charts
 3. binoculars
 4. firewood, found nearby

Hardware and Utility

- Utility Accessories
 1. duct tape
 2. carabiner clips
 3. tent seam sealer



4. S-hooks
- Camp Tools
 1. camping multi-tool
 2. survival knife
 3. saw/axe/hatchet to cut wood
 4. mallet/hammer
 - Ropes and Lines
 1. utility cord
 2. rope/twine
 - Cleaning Supplies
 1. small broom and dustpan
 2. clothesline
 3. collapsible drying rack
 4. small shovel

Repair

- Repair Kits
 1. tent pole
 2. sleeping pad
 3. air mattress

Pet Supplies

- Pet Essentials
 1. bed/mat
 2. food/treats
 3. collapsible food/water dish
 4. leash/harness/tether

Misc. Camp Set-up Items

- Power Sources
 1. portable solar power source
 2. electric hook-up
 3. extra batteries, fuel
- Optional Items
 1. dry sacks
 2. plastic bins for storage
 3. notepad
 4. pen/pencil

